



## THE JI COMPANIES

### Usual and Customary Charges

**What you and your employees can do to avoid usual and customary charges:**

- Use in-network providers
- Ask the provider's office manager to send in a predetermination of benefits before the appointment. JI will process it and tell the provider exactly what the plan will allow for each code.
- Ask the provider's office manager if they will accept the payment for benefits as payment in full.
- Ask the provider to re-check allowables for regular services periodically. JI updates the usual and customary fee schedule twice per year.