



**Risk Management and  
Employee Benefits Administration**  
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## **Pharmacy Intervention Protocol** *patent pending*

### ***How Does It Work?***

Interface provides the group's prescription benefit management company (PBM) with a list of medications commonly prescribed for depression, stress, and anxiety. Members who purchase medications from this list will receive a letter informing them of the PIP program and that they are required to contact Interface or incur an increase in their prescription co-pays. Once they contact Interface, a care coordinator will conduct an initial screening to identify whether education and counseling would benefit their treatment. Members who qualify as a candidate and accept a referral will receive (at no cost) ongoing telephonic and printed education, and a specified number of in-person counseling sessions with a licensed clinician. If they comply with the program, their prescription co-pays will remain at the regular level. If the member elects not to participate in the program, their prescription co-pays will increase. If it is determined the member would not benefit from participation with PIP, their co-pays remain at the regular level.

### ***Benefits & Advantages***

Interface has found that groups who take advantage of the PIP program are experiencing a 200 to 400 percent return on the cost. Additional results include reduced medical utilization, lower drug costs, and mentally healthy employees. As members enroll in the program, a percentage will switch from name brand to generic prescriptions (when medically appropriate) for the period of time they remain on the medication. Additionally, a percentage will reduce and/or eliminate their medication after gaining the coping skills to better handle their issues. Those needing treatment beyond the program are referred to benefits under the health plan. Although the employer's costs are reduced with PIP, the goal and result of the program is to produce healthier and more productive employees through motivating appropriate treatment.

If you are interesting in learning more about the PIP program or would like to receive a free cost savings analysis, please contact either Alice Topa [alice.topa@jicompanies.com](mailto:alice.topa@jicompanies.com) or Nicole Thurman [nicole.thurman@jicompanies.com](mailto:nicole.thurman@jicompanies.com).

